

Curriculum Vitea



Philip Chukwuemeka Mefoh

DATE OF BIRTH: 2nd November, 1966

MARITAL STATUS: Married

PRESENT ADDRESS: Department of Psychology, University of Nigeria, Nsukka.

PERMANENT ADDRESS: P.O.Box 28, Ekeagu Post office, Abatete.

LOCAL GOVERNMENT AREA: Idemili (North) L.G.A.

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QUALIFICATIONS

1. Doctor of Philosophy (PhD) degree in Experimental Psychology:
2009
 2. Master of Science (MSc) degree in Experimental Psychology:
2005
 3. Bachelor of Science (BSc) Honors degree in Psychology (2nd Class, Upper Division):
1994
- *All the degrees were obtained from the University of Nigeria, Nsukka.*

AWARDS

A. ACADEMIC AWARDS

1. 1st Best PhD graduand in the University of Nigeria, Nsukka for 2008/2009 Academic session
2. Best PhD graduand in the Faculty of the Social Sciences, for 2008/2009 Academic session.
3. Best graduating student in the Department of Psychology, for 1992/1993 Academic session.

B. OTHER AWARDS/COMMENDATIONS

1. Received Commendation (NYSC/93/472) from NYSC F.C.T. Secretariat, Garki-Abuja, for exemplary service in May, 1995. The Letter of Commendation reads in part: *“Especially worthy of note is your special Community Development Service to your host community to which you committed your spare time and energy”*. The letter concludes: *“Do not relent in your zeal and commitment to high standard of performance”*.

WORK EXPERIENCE PRIOR TO JOINING THE UNIVERSITY SYSTEM

1. Served as a Youth Corps member at the Nigerian Customs Service (NCS) Headquarters, Wuse Zone 3, Abuja, from 1994 - 1995. I was assigned to the office of Assistant Comptroller General (ACG) (Customs), and was exposed to tasks relating to general administration.
2. Worked at Psycomms Publications Limited, Area 2 Garki-Abuja. I served as the

Associate Editor for the Psychologist magazine – a monthly publication of Psycomms Publications LTD, from 1996 – 2000.

WORK EXPERIENCE AT THE UNIVERSITY OF NIGERIA, NSUKKA

1. GRADUATE ASSISTANT	2002 - 2005
2. ASSISTANT LECTURER	2005 - 2006
3. LECTURER 11	2006 - 2009
4. LECTURER 1	2009 - 2015
5. SENIOR LECTURER	2015 - 2020
6. Professor	2020 - -----

SOME COURSES TAUGHT IN THE UNIVERSITY (2005 – DATE)

Psy 101	Introduction to Psychology
Psy 102	Learning Processes 1
Psy 221	General Experimental Psychology 1
Psy 223	Experimental Design
Psy 301	Cognitive Psychology
Psy 313	Research Methods
Psy 431	Advanced Psychobiology
*Psy 503	Research Methods & Statistics in Psychology
*Psy 512	Detection & Processing
*Psy 514	Human Cognitive Processes
*Psy 603	Advanced Research Methods and Statistics in Psychology
*Psy 611	Learning, Motivation & Performance
*Psy 613	Design and Evaluation in Psychological Research
*Psy 703	Statistics and Computer Analysis in Psychology
*Psy 711	Advanced Cognitive Processes
*Psy 713	Emerging Fields in Experimental Psychology

**= courses taught at postgraduate level*

Postgraduate supervision

I have successfully completed supervision for 47 Master (M.Sc) Degree dissertations, and (jointly) supervised 7 Doctor of Philosophy (Ph.D) Degree theses. Some of the M.Sc theses I supervised are:

1. Udoh, Emeh Anthony (PG/MSc/08/49153)
Topic: Effects of distinctiveness, cognitive style and gender on recall and recognition.

(**Master's Degree in Experimental Psychology; obtained 2011**).

2. Samuel, Laraba Baba (PG/MSc/09//50916)
Topic: Effects of reinforcement and handedness on problem solving.
(**Master's Degree in Experimental Psychology; obtained 2012**).
3. Nwonyi, Sampson Kelechi (PG/MSc/12/62489)
Topic: Effects of cognitive style, imagery and gender on prospective and retrospective memory. (**Master's Degree in Experimental Psychology; obtained 2014**).
4. Ofoke, Sunday Mbam (PG/MSc/12/63102)
Topic: Effects of levels of processing, distinctiveness and gender on prospective memory.
(**Master's Degree in Experimental Psychology; obtained 2015**)
5. Awo, Larry Okechukwu (PG/MSc/14/68346)
Topic: Framing, Certainty and Gender effects on security strategy decision: The moderating role of risk perception.
(**Master's Degree in Experimental Psychology; obtained 2016**).
6. Orji, chineze Ezioma (PG/MSc/10/52624)
Topic: Self-efficacy, peer pressure and gender as predictors of altruism among adolescents (**Master's Degree in Social Psychology; obtained 2012**).
7. Ezea, Ekwutosi I. (PG/MSc/11/59856)
Topic: Coping, social support and loneliness as predictors of psychological well being among Enugu Prison in-mates (**Master's Degree in Social Psychology; obtained 2013**).
8. Onah, Evelyn Ngozi (PG/MSc/12/64383)
Topic: Role of personality, work experience and school-type on the attitude of teachers towards inclusive education. (**Master's Degree in Developmental Psychology; obtained 2015**).
9. Uzoh, Ugonna T. (PG/MSc/12/62731)
Topic: Influence of dispositional mindfulness and spirituality on readiness to change cannabis use. (**Master's Degree in Clinical Psychology; obtained 2016**)
10. Eze, Nsi Ude (PG/MSc/12/62536)
Topic: Family dynamics, interpersonal sensitivity and coping style as predictors of burnout among nurses. (**Master's Degree in Clinical Psychology; obtained 2016**).

Visiting Scholar (Sabbatical leave)

1. University of Uyo, Uyo, Akwa Ibom State (September, 2017 – August, 2018)

External Examination

1. External Examiner (First Degree Examination) to the Department of Psychology, Renaissance University, Enugu, for 2013/2014, 2014/2015 and 2015/2016 academic sessions.

Services to the University

1. Member, Committee on the investigation of a report of assault of a staff by a student in the Department of Geography.
2. Member, Committee on the allegation of fraud, embezzlement, and stealing of Faculty of the Social Sciences Students' Association (FOSSA) funds.

Community Services

1. Vice President, Nigerian Psychological Association (NPA) (Nov. 2011 – Nov. 2017).
2. Collation Officer, Senatorial re-run election in Anambra State (April, 2018).
3. Collation Officer, Presidential and National Assembly elections (February, 2019).
4. Collation Officer, Governorship and State Assembly elections (March, 2019).

Editorship of Psychological Journal and Review of Manuscripts

1. Managing Editor, Nigerian Journal of Psychological Research.
2. Reviewer, Renaissance University Journal of Management and Social Sciences.
3. Reviewer, Contemporary Journal of Applied Psychology.
4. Reviewer, African Journal of Drug and Alcohol Studies.

Service to the Faculty and Department

1. Member, Faculty of the Social Sciences Exam officers' Committee (2012 - 2014)
2. Chairman, Departmental Exam officer (2012-2014)
3. Member, Faculty of the Social Science Committee on Environment (2005 - 2009)
4. Coordinator of the Departmental Post-Graduate Students/Staff Seminars Series (2004 – 2021)
5. Member, Faculty of the Social Science Postgraduate Board (2016 – date).

Membership of Professional Associations

1. Nigerian Psychological Association (Status: Fellow)
2. Society for Research (SFR), Enugu (Status: Member/Facilitator)
3. Behaviour Research Group, University of Nigeria, Nsukka (Status: Member/Facilitator).

List of Publications

Books

1. **Mefoh, P.C.** (2014). A handbook of Psychology in Nigeria: 1964 – 2014. Nsukka: University of Nigeria Press.
2. **Mefoh, P.C.** (2007). Technostress: The sign of the time. Nsukka: Deepspring Publishing Company.

Contribution to Books

3. **Mefoh, P.C.**, & Ugwu, L.E. (2013). Game of chess enhances critical thinking in school children: New challenges for educators and parents. In N. Onyegegbu and U. Eze (Eds.), National transformation through entrepreneurial education (pp. 160 – 169). Nsukka: Institute of Education, University of Nigeria, Nsukka.
4. **Mefoh, P.C.**, & Obi, G.N. (2014). The use of theories in psychological research. In O.M. Ikeanyibe and P.O.Mbah (Eds.), An anthology of theories for social research (pp.51 – 82). Nsukka: University of Nigeria Press LTD.
5. **Mefoh, P.C.** (2015). Quality assurance in Nigerian higher education. In M.G.C. Njoku, C.C. Anieke, and P.J. McDevitt (Eds.), Frontiers in education: Advances, issues and new perspectives (pp. 91-112). Enugu, Nigeria: ABIC Books.
6. Chukwuorji, J.C., & **Mefoh, P.C.** (2015). Attitude towards research in higher education: A review and directions for future research. In M.G.C. Njoku, C.C. Anieke, and P.J. McDevitt (Eds.), Frontiers in education: Advances, issues and new perspectives (pp. 41-64). Enugu, Nigeria: ABIC Books.

7. **Mefoh, P.C.** (2015). Psychology and national development: Reflections on forty-nine years of psychology in Nigeria. In A.C. Mbanefo and Au. N. Nnonyelu (Eds.), *Challenges of sustainable development: A social science approach* (pp. 264–276). Awka: A publication of the Faculty of Social Sciences, Nnamdi Azikiwe University, Awka.
8. **Mefoh, P.C.** (2015). Technology and work behavior: An overview. In E.I. Onyishi (Ed.), *Psychology and organizations: Understanding behavioural approaches to managing people at work* (pp. 293-301). Nsukka: University of Nigeria Press.

Journal Articles

9. Zickfeld, J.H., van den Ven, N., Pich, O., Schubert, T.W., Berkessel, J.B., Pizarro, J.J. ... **Mefoh, P.C.** ... (2021). Tears evoke the intention to offer social support: A systematic investigation of the interpersonal effects of emotional crying across 41 countries. *Journal of Experimental Social Psychology*, *95*, 104137. <https://doi.org/10.1016/j.jesp.2021.104137>
10. Odo, V.N., Onah, E.N., Ujoatuonu, I.V. ... **Mefoh, P.C.** (2021). Attitude of primary school teachers towards inclusive education in Nigeria: Contributions of personality and work experience. *International Journal of Special Education*, *36(1)*. <https://doi.org/ijse.2021.36.1>
11. Jonauskaitė, D., Abu-Akel, A., Dael, N., Oberfeld, D., Abdel-Khalek, A.M. ... **Mefoh, P.C.** ... (2020). Universal patterns in color-emotion associations are further shaped by linguistic and geographic proximity. *Psychological Science*, *31(10)*, 1245-1260. <https://doi.org/10.1177/0956797620948810>
12. Odinka, J.I., Nwoke, M., Chukwuorji, J.B.C., Egbuagu, K., **Mefoh, P.C.** ... (2020). Dependent personality, mindful awareness, and marital satisfaction and their association with postpartum psychological distress in two tertiary hospitals, Southeast Nigeria. *Journal of Health Care for the Poor and Underserved*, *31(2)*, 920-938. <https://doi.org/10.1353/hpu.2020.0069>
13. Aliche, C.J., Ifeagwazi, C.M, **Mefoh, P.C.**, Eze, J.E., & Chukwuorji, J.B.C. (2020). Experiential avoidance mediates the relations between mindfulness and PTSD symptoms severity in terrorist attack survivors. *Nordic Psychology*, 1-8. <https://doi.org/10.1080/19012276.2020.1852953>

14. Ojiaku, C.M., Iorfa, S., **Mefoh, P.C.**, Ezeuzo, O., & Odinko, I.C. (2020). COVID-19-induced anxiety and covid-19 precautionary measures as predictors of mental wellbeing of Nigerians. *International Journal of Behavioral Sciences*, *14*(3), 149-154.
<https://doi.org/10.30491/IJBS.2020.239210.1342>
15. Ozoilo, M.C., **Mefoh, P.C.**, Okechi, B.C., Nwankwo, B.C. (2020). Effects of social loafing, collective orientation, and self-efficacy on adolescents' cognitive task performance. *Nigerian Journal of Psychological Research*, *16*(1)
16. **Mefoh, P.C.**, & Agbo, J.N. (2020). Long distance drivers' perception of kola nut use and risk of road traffic accidents. *Practicum Psychologia*, *10*(1),
17. Jonauskaitė, D., Abdel-Khalek, A.M., Abu-Akel, A., Al-Rasheed, A.S. ... **Mefoh, P.C.** ... (2019). The sun is no fun without rain: Physical environments affect how we feel about yellow across 55 countries. *Journal of Environmental Psychology*, *66*, 101350.
<https://doi.org/10.1016/j.jenvp.2019.101350>
18. **Mefoh, P.C.**, Ude, E.N., & Chukwuorji, J.B.C. (2019). Age and burnout syndrome in nursing professionals: Moderating role of emotion focused coping. *Psychology, Health & Medicine*, *24* (1), 101-107. <http://dx.doi.org/10.1080/13548506.2018.1502457>
19. Aliche, J.C., Ifeagwazi, C.M., Onyishi, E.I., & **Mefoh, P.C.** (2019). Presence of meaning in life mediates the relations between social support, posttraumatic growth, and resilience in young adult survivors of a terror attack. *Journal of Loss and Trauma*,
<http://dx.doi.org/10.1080/15325024.2019.1624416>
20. Awo, L.O., **Mefoh, P.C.**, Ekwe, K.C ... Oko, C.A. (2019). Moderating role of risk perception on the certainty effect-counterinsurgency decision link: A focus on counter-Boko Haram decision. *International Journal of Scientific and Engineering research*, *10*(5),
21. Ugwu, L.E., Enwereuzor, I.K., **Mefoh, P.C.**, Ugwu, L.I., & Onyishi, E.I (2019). Pre-retirement anxiety: Development and validation of a measurement instrument in a Nigerian sample. *Journal of Psychology in Africa*, *29*(1), 43–48.
<http://dx.doi.org/10.1080/14330237.2019.1568054>
22. Chukwu, A.N., Okonkwo, U., & **Mefoh, P.C.** (2019). Prepared herbal remedy use among artisans in Nsukka (Nigeria) motor-mechanic village. *African Journal of Drug and*

Alcohol Studies, 18(2), 97-107.

23. **Mefoh, P.C.** (2019). Psychology in Nigeria: Reflections on the second half of the century (2015-2065). *Practicum Psychologia* 9(2)
24. **Mefoh, P.C.**, Ugwu, J.I., & Eze, T.C. (2018). Psychoactive substance use as predictor of road rage behaviour in a sample of commercial drivers in Enugu, south-eastern, Nigeria. *African Journal of Drug and Alcohol Studies*, 17(2), 93-103
25. Odo, V.C., Eze, O.N., **Mefoh, P.C.**, Nwanosike, C.L., Urama, S.I., & Nzenweaku, J.U. (2018). Past time perspective and search for meaning in life as predictors of death anxiety. *Ikoro Journal of Contemporary African Studies*, 11, 116-125.
26. Awo, L.O., **Mefoh, P.C.**, Nwonyi, S.K., & Billy, I. (2018). Risky framing and gender effects on security decision choices among a Nigerian sample. *International Journal of Research and Innovation in Social Sciences*, 2, 153 – 158.
27. Awo, L.O., **Mefoh, P.C.**, & Ezech, V. C. (2018). Experimental analysis of risky framing and certainty effects on counterterrorism tactics adoption: Evidence from Nigeria. *International Journal of Current Research*, 10, 75409-754143. <http://dx.doi.org/10.24941/ijcr.32955.11.2018>.
28. Odinka, J.I., Nwoke, M.B., Chukwuorji, J.C., Egbuagu, K., **Mefoh, P.C.** ... Muomah, R.C. (2018). Post-partum depression, anxiety and marital satisfaction: A perspective from Southeastern Nigeria. *South African Journal of Psychiatry*, 24(1), a1109. <http://dx.doi.org/10.4102/sajpsychoiatry>
29. Onyedibe, M.C.C., Ugwu, L.I., **Mefoh, P.C.**, & Onuri, C. (2018). Parents of children with Down syndrome: Do resilience and social support matter to their experience of carer stress? *Journal of Psychology in Africa*, 28(2), 94 – 99. <http://dx.doi.org/10.1080/14330237.2018.1455308>
30. **Mefoh, P.C.**, Nelson, A.U., Odo, V.C., Ugwueze, S., & Okonkwo, U. (2018). The relationship between personality and self-presentation among adult samples in Nigeria. *Ikenga: International Journal of Institute of African Studies*, 18(1), 64 – 74.
31. Ezech, V.C., **Mefoh, P.C.**, Nwonyi, S.K., & Aliche, J.C. (2017). Mortality salience and

- prejudice towards ethno-religious minorities: Results and implications of a Nigerian study. *Journal of Psychology in Africa*, 27(5), 420 – 426. <http://dx.doi.org/10.1080/14330237.2017.1347773>
32. **Mefoh, P.C.**, Ugwu, L.C., & Okafor, A.E. (2017). Evaluating fit of the prospective and retrospective memory questionnaire (PRMQ) in a Nigerian adult population. *Journal of Psychology in Africa*, 27(4), 325 – 329. <http://dx.doi.org/10.1080/14330237.2017.1347752>
33. **Mefoh, P.C.**, Nwoke, M.B., Chukwuorji, J.C., & Chijoke, A.O. (2017). Effect of cognitive style and gender on adolescents' problem solving ability. *Thinking Skills and Creativity*, 25, 47 -52. <http://dx.doi.org/10.1016/j.tsc.2017.03.002>
34. **Mefoh, P.C.**, Chikezie, H.C., & Okonkwo, U. (2017). Psychological correlates of alcohol use of adolescents in Nsukka, Enugu state. *Ife Psychologia*, 25(1), 169-184.
35. **Mefoh, P.C.** & Ezeh, V.C. (2017). Effects of cognitive style on prospective and retrospective memory slips: Unipolar approach. *Swiss Journal of Psychology*, 76 (1), 43-48. <http://10.1024/1421-0185/a000190>
36. **Mefoh, P.C.**, Ndukaihe, I.L.G., Ezeh, M.A., & Ikwuagwu, U. (2016). Effects of mental imagery and reward on creativity. *GOUNI Journal of Management and Social Sciences*, 3(1), 62-73.
37. **Mefoh, P.C.**, & Ugwu, E.S. (2016). Effect of weapon focus on recognition: Implication for eyewitness memory. *Contemporary Journal of Applied Psychology*, 3 (1), 25- 32.
38. **Mefoh, P.C.**, Unegbu, S.O., & Awo, L.O. (2016). Effects of perceived reward and practice on adolescents' arithmetic problem solving. *Social Science Research: Nnamdi Azikiwe University, Awka*, 3, 1-28.
39. **Mefoh, P.C.**, Odo, V.O., Ezeh, M.A., & Ezeah, L.E. (2016). Psychological well-being in awaiting-trial inmates: The role of loneliness and social support. *Social Sciences*, 5(5), 64 -69. <http://dx.doi.org/10.11648/j.ajap.20160506.17>
40. **Mefoh, P.C.**, & Nwonyi, S.K. (2016). Prospective memory is (also) not immune to imagery. *American Journal of Applied Psychology*, 5(6), 85-88. <http://dx.doi.org/10.11648/j.fcp.20160101.11>

41. **Mefoh, P.C.**, Mbanefo, I.C., Ezeh, M.A., & Ugwueze, S. (2016). Chewing gum and gender differences on recall memory. *European Journal of Scientific Research*, 139(1), 96 -103. (SCImago IF).
42. **Mefoh, P.C.**, & Ezeh, V.C. (2016). Effect of field-dependent versus field-independent cognitive styles on prospective and retrospective memory slips. *South African Journal of Psychology*. <http://dx.doi.org/10.1177/0081246316632969> sap.sagepub.com
43. **Mefoh, P.C.**, Nwonyi, S.K., Ezeh, M. A., & Dimoj-Okoro, C.N. (2015). Effects of imagery and gender on prospective memory: Implications for teachers. *Journal of Educational Research and policies*, 10(1), 7-14.
44. Ezeh, V.C., & **Mefoh, P.C.** (2015). Stimulus modality and smoking behaviour: Moderating role of implicit attitudes. *Spanish Journal of Psychology*, 18, 1-6.
<http://dx.doi.org/10.1017/sjp.2015.54>
45. **Mefoh, P.C.**, Okafor, A.E., Ezea, E.L., & Odo, V.O. (2015). Relationship between coping strategies and psychological wellbeing of Enugu (Nigerian) prison inmates. *European Journal of Social Sciences*, 47(3), 270-277
46. **Mefoh, P.C.**, Chukwuorji, J.C., & Nwonyi, S.K. (2014). Effects of levels of processing and disciplinary differences in recall memory. *Nigerian Journal of Psychological Research*, 10, 65 – 70.
47. **Mefoh, P.C.** (2014). Challenges and prospects of psychology in Nigeria. *European Journal of Social Sciences*, 42(1), 57 – 64.
48. **Mefoh, P.C.**, & Ezeh M.A. (2014). Fostering psychological resilience in children dropping out of school. *Renaissance University Journal of Management and Social Sciences*, 1(2), 28-34.
49. Ndukaihe, I.L.G., & **Mefoh, P.C.** (2013). Self-efficacy and background music on mathematics test anxiety among secondary school students. *Nigerian Journal of Psychological Research*, 9, 20 -27.

50. **Mefoh, P.C.**, Ugwu, L.I., Ugwu, L.E., Samuel, L.B. (2013). Psychosocial predictors of road rage among Nigerian commercial drivers. *European Journal of Social Sciences* 40(2), 231 – 239.
51. **Mefoh, P.C.**, & Ngala, C.O. (2013). Effects of sensory modality and age on serial recall among Nigerian secondary school students. *Contemporary Journal of Applied Psychology*, 1(1), 85 – 93.
52. **Mefoh, P.C.**, & Samuel, L.B. (2013). Gender differences versus hand preferences in spatial ability among a Nigerian sample. *Gender & Behaviour*, 11(1), 5096 – 5105.
53. **Mefoh, P.C.** (2012). Killing of corps members on election duties: Were the assailants obeying order? *Ikenga: International Journal of Institute of African Studies UNN*, 14(1), 435 – 451.
54. **Mefoh, P.C.**, & Nwanosike, C. (2012). Effects of group-size and expectancy of reward on social loafing. *Ifè Psychologia*, 20(1), 229 – 240.
55. **Mefoh, P.C.** (2011). Psychological stress response: Sources and measurement approaches. *Nigerian Journal of Social Sciences*, 7(1), 107 – 118.
56. **Mefoh, P.C.** (2011). Imagery versus interference: A system-based view of memory. *Indian Journal of Social Sciences Researches*, 8(1&2), 9 – 17.
57. **Mefoh, P.C.**, & Orjiakor, C.T. (2011). Category membership as a factor in verbal memory. *Nigerian Journal of Psychological Research*, 7, 1 - 9.
58. **Mefoh, P.C.** (2010). Gender differences in proactive, retroactive and no-interference conditions. *Gender & Behaviour*, 8(2), 3036 – 3047.

59. **Mefoh, P.C.** (2010). Effects of levels of processing and gender differences on recognition of oral prose. *Nigerian Journal of Psychological Research*, 6, 1 – 9.
60. **Mefoh, P.C.** (2006). Effects of levels of processing, context and gender differences in recall memory. *Nigerian Journal of Psychological Research*, 5, 20 -27.
61. **Mefoh, P.C.** (2004). The influence of gender and academic discipline on the attitude of university students towards computer science. *Journal of Research and Development in Education*, 11(1), 9 – 19.

Conferences and Workshop Presentations

62. **Mefoh, P.C.**, (2006). Unethical practices among academics: An exploratory study of university teachers as mentors. Paper presented at the Annual National Conference of the Nigerian Psychological Association, University of Uyo, Akwa-Ibom state, August 28th-31st.
63. **Mefoh, P.C.** (2011). The 2011 post-presidential election conflict in Nigeria versus the Eichmann experiment: A comparative analysis. Paper presented at the Annual National Conference of the Nigerian Psychological Association, Chida Hotel, Abuja, August, 17th – 18th.
64. **Mefoh, P.C.** (2012). Psychological resilience and perception of insecurity as predictors of subjective wellbeing. Paper presented at the Annual National Conference of the Nigerian Psychological Association, Merit House, Abuja, November, 13th-16th.
65. **Mefoh, P.C.** (2012). Statistical inferences in psychological experiment: Between null hypothesis significance testing and effect size measure. Paper presented at the Society for Research Colloquium, Godfery Okoye University, Enugu, December, 12th.
66. **Mefoh, P.C.** (2013). Mentor versus mentee: A study of mentoring in Nigerian universities.

Paper presented at South-East Zonal Conference on Psychology and national challenges. Faculty of Law, Ebonyi State University, Abakiliki, May, 5th – 8th.

67. **Mefoh, P.C.**, & Ugwu, L.E. (2013). Game of chess enhances critical thinking in school children: New challenge for educators and parents. Paper presented at the Annual National Conference of Institute of Education, University of Nigeria, Nsukka, June, 17th – 19th.
68. **Mefoh, P.C.** (2013). Psychology and national development: Reflection on the forty-nine years of psychology in Nigeria. Paper presented at the 2nd International Conference of the Faculty of Social Sciences, Nnamdi Azikiwe University, Awka, July, 3rd – 5th.
69. **Mefoh, P.C.** (2014). Overview of research methods, design, and statistics in psychology. Paper presented at the Annual Scientific Conference and Research Methodology Workshop of the Department of Psychology, University of Nigeria, Nsukka, May, 9th – 12th.
70. **Mefoh, P.C.**, Ezeh, V.C., Ugwu, L.E., & Nwonyi, S.K. (2014). Effects of cognitive style, emotion and gender on recall. Paper presented at the Annual Scientific Conference and Research Methodology Workshop of the Department of Psychology, University of Nigeria, Nsukka, May, 9th – 12th.
71. **Mefoh, P.C.**, & Ogbuagu, C. H. (2014). Psychosocial correlates in alcohol use among college students. Paper presented at the Annual National Conference of the Nigerian Psychological Association (Golden jubilee), University of Nigeria, Nsukka. November, 25th – 29th.
72. Chukwuorji, J.C., **Mefoh, P.C.**, & Ezeanolue, E.E. (2014). Implementation science in psychology: Bridging the gap between science and practice. Paper presented at the Annual National Conference of the Nigerian Psychological Association (Golden jubilee),

University of Nigeria, Nsukka. November, 25th – 29th.

73. **Mefoh, P.C.**, & Ndefo, J.C. (2015). Effects of imagery and metacognition on recall. Paper presented at the Annual National Conference of the Nigerian Psychological Association, Precious Palm Royal Hotels Limited, Benin-city, November, 23rd –26th.
74. Chijioke, A.O., & **Mefoh, P.C.** (2016). Influence of self-esteem and gender on adolescents alcohol intake. Paper presented at the Biennial Conference on Interdisciplinary Studies (BCIS) of the Faculty of Management and Social Sciences, Godfery Okoye University, Enugu, May, 21st – 22nd.

Workshops

1. **Mefoh, P.C.** (2011). Understanding the sources and effects of stress response. Invited paper presented at the Training Workshop on Coping with Stress and Retirement for Academic and Senior Non-Academic Staff of Institute of Management and Technology (IMT), Enugu, May, 9th – 12th.
2. **Mefoh, P.C.** (2011). Developing customers service skills. Invited paper presented at the 2-day management skills development workshop for Executive Officers of National Youth Service Corps (NYSC). October, 26th – 28th.
3. **Mefoh, P.C.** (2011). Essential techniques for improving organizational productivity. Invited paper presented at the 2-day management skills development workshop for Executive Officers of National Youth Service Corps (NYSC). October, 26th – 28th.
4. **Mefoh, P.C.** (2011). Understanding sources and effects of stress response. Invited paper presented at the 2-day management skills development workshop for Executive Officers of National Youth Service Corps (NYSC). October, 26th – 28th.

REFERENCES

1. Professor Ernest Ike Onyishi, FNPA
Head,

Department of Psychology,
University of Nigeria, Nsukka

2. Professor Leonard I. Ugwu, FNPA
Fmr. Dean,
Faculty of the Social Sciences
University of Nigeria, Nsukka

3. Very Rev. Fr. Professor Mike C. Ifeagwazi, FNPA
Department of Psychology
University of Nigeria, Nsukka.

Professor Philip C. Mefoh, FNPA



Date

09th February, 2022.