

OBIAGELI OMEJE Ph.D
(Professor of Clinical Psychology)

1. **DATE OF BIRTH:** August 15, 1960.
2. **SEX:** Female
3. **MARITAL STATUS:** Married
4. **NATIONALITY:** Nigerian
5. **STATE OF ORIGIN:** Enugu
6. **LOCAL GOVERNMENT AREA:** Nsukka
7. **E-MAIL:** obyomeje@yahoo.com
8. **POSTAL ADDRESS:** Department of Psychology,
ESUT, Enugu.
9. **CONTACT ADDRESS:** Department of Psychology,
ESUT, Enugu.
10. **FACULTY:** Social Sciences
11. **DEPARTMENT/ UNIT:** Psychology

12. EDUCATIONAL HISTORY:

- a) University: University of Nigeria,
Nsukka. 1982 – 1986
University of Nigeria,
Nsukka. 1988 – 1992
University of Nigeria,
Nsukka. 1992 – 2000
Qualifications: B.Sc. (Second class Honours)
Upper Division, Psychology, UNN. 1986
M.Sc. (Clinical Psychology), UNN 1992
Ph.D (Clinical Psychology), UNN 2000
- b) Secondary: General Certificate of
Education 1981

13. PROFESSIONAL EXPERIENCE

- i. Asst. Lecturer, Enugu State University of Science
and Technology,
Enugu. 1992 – 1993
- ii. Lecturer II, Enugu State University of Science and
Technology,
Enugu. 1993 – 1996
- iii. Lecture I, Enugu State University of Science and
Technology,
Enugu. 1996 – 1999

- iv. Senior Lecturer, Enugu State University of Science and Technology,
Enugu. 1999-2009
- v. Professor, Enugu State University of Science and Technology 2009 to date
- vi. Part Time Lecturer University of Nigeria, Nsukka. 1995 – 2004
- vii. External Examiner Madonna University, Okija 2004 -2007
- viii) External Examiner Imo State University, Owerri 2009 -2012
- ix) External Examiner for Postgraduate Programme University of Nigeria, Nsukka. 2015 -
- x) External Examiner for Postgraduate Programme Nnamdi Azikiwe University, Awka. 2015
-

i. ACADEMIC HONOURS AND DISTINCTION

Best Graduating Student of Psychology, 1986 Award, UNN
 Best Female Graduating Student of Elizabeth Lord's Award 1986, UNN.
 Laureate of Social Science Academy Grant for Thesis Writing for PhD.
 1998/1999

j. MEMBERSHIP OF SCIENTIFIC/ PROFESSIONAL ORGANISATION

Fellow, Nigerian Psychological Association (FNPA)
 Corporate Member, Nigerian Association of Clinical Psychologists

k. PROFESSIONAL DISTINCTIONS WITH DATES

- I. President, Nigerian Association of Clinical Psychologists, South – East zone 2003 – 2006

I. SERVICE IN ESUT

- i) Head, Department of Psychology, 2001 – 2007

- ii) Head, Department of Psychology , 2008 – Jan.2013
- iii) Head, Department of Sociology & Anthropology, 2010 – May 2012
- iv) Chairman, Certificate Verification Committee, Faculty of the Social Sciences, 2001 – 2007
- v) Member, Senate Examinations Committee, 2001 – 2015 Member, Senate Curriculum Committee, 2005 - 2015
- vi) Member, Senate Ceremonials Committee, 2010 – dates
- vii) Member, Senate Publications Committee, 2010 – 2015
- viii) Member, Governing Council, Enugu State University of Science & Technology 2014- Feb. 2017
- ix) Member, Committee on Training of Deans, Directors, 2016- Heads of Departments and Senior Administrative Officers.
- x) Member, Appraisals and Promotions Committee of ESUT 2016- Feb. 2017
Governing Council
- xi) Member, Finance and General Purposes Committee of ESUT 2016- Feb. 2017
Governing Council
- xii) Head, Department of Psychology 2017-March 2018
- xiii) Dean, Faculty of the Social Sciences March 2018-
- xiv) Chairman, ASUU ESUT welfare committee 2017-
- xv) Chairman, ASUU Cooperative Society 2017-

m. SUPERVISION OF POSTGRADUATES:

I have successfully supervised and still supervise Masters and Doctoral level students in Clinical Psychology.

- i. Gender coping strategy and self-esteem as predictors of depression and the physically challenged: Ozoze, N. Sylvanus Pg./M.Sc./06/9281. 2009.

- ii. The influence of length of marriage, gender and age on marital stress:
Anih Anthonia C. Pg.M.Sc./06/9470. 2009.
- iii. The influence of self-concept and years of marriage on anxiety among infertile women in ESUT Teaching Hospital, Enugu: Edwin A. Anieke Pg./M.Sc/06/9282. 2009
- iv. Age, gender and locus of control and adherence to antiretroviral therapy among HIV/AIDS patients: Ogili, Christopher Uche Pg/M.Sc/06/8720. 2009.
- v. Gender and job stress as factors in depression.
Chikwendu Chimezie Emmanuel. ESUT/PG/Msc/2009/1127
- vi. Influence of caffeinated substance and gender on sleep inhibitions and mental alertness among undergraduates. Okenyi Okwunwa Sabina. ESUT/PG/Msc/2010/11590
- vii. Effect of auditory processing therapy on attention span of persons with Down Syndrome. Gigena Onyeka Christian ESUT/PG/Msc/2010/11363
- viii. Self as a predictor of fear of success. Aboh Uche James. ESUT/PG/PhD/2006/9434
- ix. Influence of gender, educational and locality on relapse among schizophrenic patients. Chinawa Francis Chukwumeka. ESUT/PG/Ph.D/2008/10388
- x.

X Influence of coping strategies and marital conflict on depression among parents

Living with mentally retarded children. Mgbenkemdi, E.H. ESUT/Pg/09/11078.

and many others

I have supervised more than Four Hundred Undergraduate theses.

n. SERVICE TO THE COMMUNITY OUTSIDE ESUT (OUTSIDE BODIES)

- I. Member, Governing Council of DIRREM INSTITUTE FOR EDUCATION and MANAGEMENT SCIENCES, Enugu Ezike, Enugu State

- II. Chairman, Local Organizing Committee, 2003 Annual Scientific Conference and Workshop of Nigerian Association of Clinical Psychologist
- III. Chairman, Local Organizing Committee 2009 Annual Scientific Conference and Workshop of Nigerian Association of Clinical Psychologist.
- IV. President, Secular Order of the Discalced Carmelite, Our Lady Mother of Divine Grace fraternity Tabor Carmelite, Nsukka 2008 – 2016.
- V. Vice-President, Catholic Women Organization, Amaeze-Owerre, Nsukka, 2005 – Date
- VI. Financial Secretary, St. Thomas Zone, St. Theresa's Cathedral Parish, Nsukka, 1995 – 1999
- VII. Member, St Theresa's Cathedral Station Council, Nsukka, 1994 – 1999
- VIII. Treasurer, Diocesan Committee on International Year of the Family, 1994.
- IX. Chairperson, St Theresa's Cathedral Parish Committee on International Year of the Family, 1994
- X. Member, Sacred Heart Society Bookshop Management Board, St Theresa's Cathedral Parish, Nsukka, 1994 – 2000.
- XI. The Ideal Woman of the Year 2000: A Paper presented at Home – Abroad CWO meeting held in August 2000 at St Theresa's Cathedral's Parish Nsukka.
- XII. Resource Person, Workshop for Local Government First of Nigeria, held at the Royal Guest House Enugu, 2005
- XIII. Resource Person: Robert Harrison Consulting Limited Workshop on HIV/AIDS for staff of First Bank of Nigeria Plc, Eastern Zone. Topic – Stress Management and Coping with HIV/AIDS, September 13 – 31, 2004.
- XIV. Stress Management: A paper presented at Enugu Diocesan Catholic Women Organization Conference held in August ,2013 at St Joseph's Parish Emene, Enugu
- XV. Member, National Universities Commission Ad-hoc Committee on Accreditation of programmes, 2015-date
- XVI. Resource person for promotion interview for Academic Staff Federal Polytechnic Nekede, 2015

o. CREATIVE ACTIVITIES

a) Thesis:

- i. The effect of educational level and sex on mental rotation among Igbo children (B.Sc).

- ii. Psychopathology in the Post – Partum Period (M.Sc)
- iii. Marital Conflict, Coping Strategies, Age and Psychopathology among Battered Women in Three Eastern Nigerian States (PhD)

b) Books:

- i. Eze J. E & Omeje O. (1999). *Fundamentals of Substance Abuse*, Snaaps, Enugu.
- ii. Omeje O. & Agu M. N. (2004), *Fundamentals of Psychology*, Enugu: Offiaco Production. Enugu.
- iii. Omeje O. (2005). *Physiological Psychology* (2nd ed.): Glanic Books. Enugu
- iv. Omeje O. (2011). *Health Psychology at a Glance*: Offiaco Production. Enugu
- v. Ugwu L. I & Omeje O (1997). *Determinants of Behavior*. JOPAX Publishers. Enugu.

c) Chapters in a Book:

- i. Omeje O (1997). Psychological Strategies for Coping in a Depressed Economy, in S.I. Udaba & R.O. Oji (Eds.). *Transition in Depressed Economy* 163 – 175.
- ii. Omeje O(2000).Philosophical conceptualization of human behavior, In I I Iwuh (ed) Basic concepts psychology.pp82-107,Enugu Magnet Business Enterprise.
- iii. Omeje O (2010). Change in Value System as correlates of re – branding Nigerian Programme: The Psychological dimension. In P. O Ebigbo, M. Ezenwa, B.C Agoha & J. Eze (eds.). *The value system and the health of a nation. A book of readings*. Pp 67 – 72
- iv. Omeje O. (2015). Psychologist As A Change Agent In H, Obi Nwosu & C.C. Ajaelu (ed). *Mentoring and Academic Development*. Awka: SCOA HERITAGE NIGERIA LTD. 100-122

d) Journal Articles

- i. Anih, A.C. Ozor, T.O & Omeje O. (2015). Eroded Family Values: The bane of Africa

underdevelopment. *Nigerian Psychological Research*. 3, 332-341

ii. Gigina, C.O, Mgbenkemdi, E.H. and Omeje, O. (2015). Effect of auditory processing therapy on attention span of persons with down syndrome.

International Journal of Social Sciences and Humanities Review. 5(1).

13-15.<http://www.ijsshr.com/journal/index.php/IJSSHR/issue/new/3>.

lii Mgbenkemdi, H.E., Omeje, O. & Eze, S.G.N. (2017). Influence of coping strategies on depression among parents living with mentally retarded children. (Down Syndrome). *International Journal of Social Science Invention (IJHSSI)*, 6 (3). Pg 34-50. www.ijhssi.org/vol6issue3/march2017/pp.34-50.

iv Omeje O. (1992). Psychological Treatment of Secondary Infertility. *Journal of Human Behavior*(1) L 1-8.

v Omeje, O. (1998). Psychopathology in Postpartum Period in a Nigerian Sample. *ESUT Journal of Social Sciences*. 1(1). 120 – 130.

Vi Omeje O (2002). Domestic Violence: A predictor of Psychopathology among battered women in three Eastern Nigerian States. *Nigerian Journal of Social Science Development*. 1(1) 78 – 81.

Vii Omeje O (2004). Coping Strategies in etiology of Psychopathology among battered women in the three Eastern Nigerian States. *ESUT Journal of Social Sciences* 1(1) 87 – 96.

Viii Omeje O (2006). The Dilemma of Conflict in Marriages. *ESUT Journal of Social Sciences*. (1) 1 29 – 37.

Ix Omeje, O. (2007). Stress and Coping with HIV/AIDS, *ESUT Journal of Psychological Studies*. (2)1 79 – 91.

X Omeje, O. (2007). Psychological assessment in leadership selection: Implications for national development. *Practicum Psychologia*. 1(1) 32 – 39.

Xi Omeje, O (2009). Treatment of Thanatophobia using Systematic Desensitization. *African Journal of Psychotherapy*. Vol. 1(1) 1 – 4.

Xii Omeje O (2010). Psychological Strategies for curbing corruption in Nigerian educational institution for youth development. *Practicum Psychologia*. (2)2
49 – 56.

Xiii Omeje O. (2010). Coping Strategies in infertility management. *The Nigerian Academic forum*. 19(3), 95 – 99.

Xiv Omeje O (2010). Psychological assessment: An indispensable part of educational process of human capital development. *LIT Academic Journal* 1(1) 127 – 134

Xv Omeje O (2010). The influence of personality types on adherence to treatment regimen among hypertensive patients. *A Multidisciplinary Journal on sustainable Development*. 6(4)206-220.

Xvi Omeje O & Nebo C. (2011). Influence of locus of control on adherence to treatment regimen. *Patient preference and adherence*. Available at
<http://www.dovepress.com/articles.php?articleid=7189>

xvii Omeje, O. & Ogili, C (2012). Gender difference in adherence to antiretroviral therapy among HIV/ AIDS patients in Enugu-Ezike, Enugu State, Nigeria.
African Journal of Social Sciences. 2 (1), 710.
www.intaccjournals.com/ajs.pds

xviii Omeje, O. (2012). Work-family- conflict and general wellbeing of mothers in the banking sector. *International Journal of Research Development*. 59-69.

Xix Omeje, O. (2012): Influence of gender on health-seeking behavior of adults in Enugu metroSpolis. *Global Journal of Applied Management and Social Sciences*. 3, 14-20.

Xx Omeje, O. (2015). Work- family conflict: predictor of marital satisfaction of mothers in the banking sector. *Global Journal of Applied Management and Social Sciences*. 8, 80-85. www.gojamss.com.

xxi Omeje,O, Chikwendu C.E & Nwagbo ,I L. (2016).Religiosity and conflict resolution strategies as predictors of marital satisfaction. *Nigerian Psychological Research* 4, 608-616

xxii Ozioko J.O.C & Omeje O (2003). The effect of educational level and sex on mental rotation among Igbo (Nigerian) Children. *ESUT Journal of Psychological studies*. 1(1) 72 – 82.

Xxiii Ozor T. O., Anih A. & Omeje O. (2016). Influence of job stress and marital status on job attitude among Nigerian medical doctors. *International Journal of Social Sciences and Humanities Review* 6(2), 123 – 130. Available at www.ijsshr.com

Xxiv Ozor, T. O., Mgbenkemdi, E.H., & Omeje, O. (2016). Work-family conflict as correlate of burnout among married female nurses. *Global Journal of Applied Management and Social Science* 12, 148-156.

II. MAJOR CONFERENCES ATTENDED :

- i. Have attended conferences within and outside the country. E.g. Annual Scientific Workshop and Conference by

Nigerian Association of Clinical Psychologists,
Federal Neuropsychiatric H

ii. Hospital, Enugu,

September 2009. Presented a paper titled: Change
in values as correlates of rebranding Nigeria
Programme: The Psychological Dimension.

ii. 4th Annual Colloquium of the Network for African scholars
at Strathmore Business School, Nairobi Kenya, 28th –
30th April, 2011. Presented a paper titled: Work-Family conflict:
predictor of marital satisfaction and general wellbeing of working
mothers in the banking sector.

lii Annual Conference of Nigerian Psychological Association held
at The University

Of Nigeria, Nsukka. 25-29 November 2014.

ATTESTATION

I certify that the information given by me in all the above sections are correct.

Professor Obiageli Omeje

PhD

Signed

3/10/16

NAME

SIGNATURE

DATE