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SUMMARY: A Public Health Educator and Researcher with special interest in sexual and reproductive health, infectious diseases prevention and control, and drug abuse prevention. A skilled Nurse and Midwife with primary health care experience.

SEX: Female
DATE OF BIRTH: 18-07-1977
MARITAL STATUS: Married (with 4 children)
NATIONALITY: Nigerian
STATE: Enugu
LOCAL GOVERNMENT OF ORIGIN: Udenu
CURRENT ACADEMIC POSITION: Senior Lecturer
LANGUAGES SPOKEN: English, Igbo

EDUCATIONAL INFORMATION

Institution	Degree conferred	Year
University of Nigeria, Nsukka	Ph.D (Public Health Education)	2017
University of Nigeria, Nsukka	Master's in Public Health Education	2013
University of Nigeria, Nsukka	BSc. Health Education (1 st Class)	2011
School of Public Health Nursing Nsukka	HND (Public Health Nursing)	2008
School of Midwifery, BSH Nsukka	Nigerian Registered Midwife (RM)	2002
School of Nursing, BSH Nsukka	Nigerian Registered Nurse (RN)	2000

WORK EXPERIENCE

- **May 2012-date:** Lecturer, Public Health Education Unit, Department of Human Kinetics and Health Education, University of Nigeria, Nsukka.
- **October 2020-date:** Geneva Foundation for Medical Education and Research (GFMER) online training Coach.
- **August 2020-date:** Adjunct Assistant Professor, Global Health Studies Program, Institute for Global Health, Michigan State University, USA.

- **Sept. 15, 2019-Aug. 14, 2020:** Research Fellow (Alliance for African Partnership-African Futures Program), Department of Anthropology, Michigan State University, USA
- **2005-2012:** Senior Nursing Officer at District Primary Health Care Center, Nsukka, Enugu State, Nigeria.
- **2003-2005:** Staff Nurse/Midwife at Primary Health Center Ovoko, Igbo-Eze South LGA, Enugu State, Nigeria.
- **2002-2003:** Staff Nurse/Midwife at Bishop Shanahan Hospital Nsukka.

AWARD/GRANT

- National Science Foundation (NSF) RAPID: Evolutionary Nutritional Adaptation and COVID-19 Risks among Health Workers in Nigeria, 2020-date
- 2020 AAP Transforming Institutions Strategic Grant for a Grant Writing Workshop at the Department of Human Kinetics and Health Education, University of Nigeria, Nsukka, 2020-2021
- Institutional Based Research Fund (IBRF) from Tertiary Education Trust Fund (TETFund) for a research work titled: Community Involvement in Prevention of Drug Abuse in Enugu North Senatorial Zone (Dec. 2018 to Sept. 2019).
- Best Graduating Student in the Department of Health and Physical Education for 2010/2011 session with 1st Class Honours.

RESEARCH INTEREST

Interest so far has been generally on issues of public health but with special interests in sexual and reproductive health including maternal and child's health, prevention and control of infectious diseases, gender related issues, and substance abuse prevention and control.

MEMBERSHIP OF PROFESSIONAL BODIES/RESEARCH GROUPS

- Member, Royal Society of Tropical Medicine and Hygiene (RSTMH)
- Member, International Association of Adolescent Health (IAAH)
- Member, International Union of Health Promotion and Education (IUHPE)
- Member, Organization for Women in Science for Developing World (OWSD)
- Member, Nigerian Association of Health Educators (NAHE)
- Member, Health Promotion and Research Association of Nigeria (HEPRAN)
- Coordinator, Youth-Friendly Reproductive Health Research Group (YoRHReG), UNN.
- Member, Substance Abuse Prevention Research Group (SAPRG), UNN.
- Member, Public Health and Environmental Sustainability (PHES) Research Group, UNN.

SERVICE TO THE COMMUNITY

- Founding Director, FEdu-Health Foundation
- President, CWO All Saints Parish, Ulo N'Obollo, Obollo-Afor, Udenu LGA of Enugu State

EDITORIAL EXPERIENCE

Editor

- SAGE Open; Manuscript ID SO-18-0105

Reviewer

- Involved in reviewing the final copy of the WHO recommendations on Adolescents Sexual Reproductive Health and Rights, 2018.
- International Journal of Human Kinetics and Health Education.
- Reproductive Health Journal
- Archives of Public Health Journal
- Global Public Health Journal
- African Journal of Reproductive Health
- Journal of Advances in Medical and Pharmaceutical Sciences

INTERNATIONAL AND NATIONAL COURSES/WORKSHOPS/INTENSHPIS/ POSTDOCTORAL FELLOWSHIPS

- Alliance for African Fellowship (AAP) – African Futures Postdoctoral Fellowship Sept. 2019 – August, 2020 at Michigan State University, USA
- Teaching and Learning in USA Higher Education (Certificate course), Michigan State University, USA, Jan-Feb, 2020
- Introduction to Cochrane Systematic Reviews & Evidence-Based Medicine Workshop, held in Calabar on the 11th – 13th March, 2019 by Cochrane Nigeria.
- Two months (1st Oct. 2018 to 30th Nov. 2018) Volunteer programme with the Department of Reproductive Health and Research, WHO’s Headquarters, Geneva, Switzerland.
- International Workshop on Qualitative Methods in Evaluation of Public Health Programs held October 22-28, 2017 at the School of Public Health, University of Ghana, Accra.
- From Research to Practice: Training Course in Sexual and Reproductive Health Research by the Geneva Foundation for Medical Education and Research (GFMER), in Partnership with the Department of Reproductive Health and Research, WHO (May to November, 2017).
- AuthorAID Proposal Writing and Research Writing Online Course (April to June 2017)
- International IUIS-FAIS-Immuno-Ethiopia Course, 2017 on “New Developments in the Immunology, Diagnosis and Treatment of Cutaneous and Visceral Leishmaniasis, Schistosmiasis, and Helminth Infections in an area of High Tuberculosis Prevalence” at the University of Gondar, Ethiopia.
- AuthorAid research workshop, held at Institute of Education, University of Nigeria Nsukka, December 10-11th, 2015. Organized by AuthorAid International, United Kingdom.
- A 3-Day Workshop Themed: “Making Academic Research a Joyous Experience” held 10th to 12th February, 2015 at Nnamdi Azikiwe University, Awka, Anambra State Nigeria.

PODIUM AND POSTER PRESENTATIONS/CONFERENCES ATTENDED

1. **Odo, A.N.**, Ofuebe, J.I., Anike, A.I., and Samuel, E.S. Predictors of Young People's Use of Sexual and Reproductive Health Services in Nigeria: a mixed-method research at the Adolescent Health Initiative's 2021 Conference on Adolescent Health: Translating Research into Practice virtually on May 13-14, 2021.
2. Ofuebe, J.I., **Odo, A.N.** Problems of Education and National Security Issues in Universities in South East Nigeria on the 2020 Annual National Virtual Conference, held on October 20, 2020.
3. Ngwu, D.C., Obayi, A.N., & **Odo, A.N.** Socio-demographic determinants of family planning services utilization among women of childbearing age in Enugu State, Nigeria at the 24th Annual National Conference of Nigerian Association of Health Educators held at the University of Port Harcourt, Rivers State, Nigeria 3rd-6th July, 2019.
4. **Odo, A.N.**, Nwagu, E.N., Dibia, S.I.C., Umoke, P.C.I & Umoke, M. Cultural Issues associated with Female Genital Mutilation (FGM) in rural communities in Nigeria at the 8th African Conference on Sexual and Reproductive Health, Johannesburg, South Africa, 12-16th February, 2018.
5. Okonwko, E.M., Okwor, E.O., & Odo, A.N. Personal Hygiene Practices among In-School Adolescents in Nsukka LGA, Enugu State at the 15th Annual National Conference/Workshop of Health Promotion Research Association of Nigeria (HEPRAN), 2018 held at University of Nigeria, Nsukka, October 10-13, 2018.
6. **Odo, A.N.**, Ayogu, D.C.J., Ofuebe, J.I., and Adie, A.A.O. Factors associated with risky sexual behaviours among secondary school students in Nsukka LGA at the 23rd Annual conference of the National Association of Health Educators (NAHE) at Bayero University Kano, June 27-30, 2018
7. **Odo, A.N.**, Nnamani, P.O., and Anugwom, K. Control of Helminth Infections through Improved WATER, Sanitation and Hygiene (WASH): Knowledge, Practice and Barriers among TB Patients in Enugu State, Nigeria at 1st International IUIS-FAIS- Immuno-Ethiopia Course 2017, University of Gondar, Ethiopia.
8. **Odo, A.N.**, Okwor, E.O & Ofuebe, J.I. Barriers to undergraduate students' participation in solid waste management: A case study of the University of Nigeria, Nsukka at the 18th Annual Conference of Home Economics Research Association of Nigeria (HERAN), 2017 held at University of Nigeria, Nsukka.
9. **Odo, A.N.**, Mba, A.C., & Nwagu, E.N. Unhealthy lifestyle practices of in- school adolescents in Nsukka Local Government Area of Enugu State, Nigeria at the 13th Annual National Conference of Health Promotion Research Association of Nigeria (HEPRAN) 2016.
10. **Odo, A.N.** & Onoh, S.C. Food hygiene knowledge and practices among food handlers in University of Nigeria, Nsukka at the 17th Annual National Conference of Home Economics Research Association of Nigeria (HERAN), held Sept. 21-24, 2016 at the University of Nigeria, Nsukka.
11. Nnamani, P.O., Okide, C.C., Onoja, U.S., **Odo, A.N.**, Nwakaire, J.N., Anugwom, K.N., Ihedioha, J.I., Ukwueze, V.C., Mbah, C.C., Nwokocha, I.J., Mgbeoji, I.K., Kenechukwu, F.C., Ogbonna, J.D.N., Akah, P.A. and Attama, A. A. Nanomaterial from *Moringa Oleifera* for Rapid Elimination of Viable Escherichia Coli in Drinking Water at the OWSD 5th General Assembly and

International Conference on Women in Science and Technology for the Developing World, Kuwait 16-19th May, 2016. P. 7.

12. Nnamani, P.O., Okide, C.C., Onoja, U.S., **Odo, A.N.**, Nwakaire, J.N., Anugwom, K.N., Ihedioha, J.I., Ukwueze, V.C., Mbah, C.C., Nwokocha, I.J., Mgbeoji, I.K., Kenechukwu, F.C., Ogbonna, J.D.N., Akah, P.A. and Attama, A. A. at the 11th International Conference and Workshop on Biological Barriers at the Helmholtz-Institute for Pharmaceutical Research Saarland and Saarland University, Saarbruecken, Germany from 7-9 March, 2016. P. 8.
13. **Odo, A.N.** Family planning information and services needs of adolescents in Enugu State at the 16th Annual National Conference of Home Economics Research Association of Nigeria (HERAN), held Sept. 24-26, 2015 at University of Nigeria, Nsukka.
14. **Odo, A.N.**, Ede, O.C. & Isife, E.M.A. Prevalence of uterine fibroid among women of child-bearing age attending University of Nigeria Teaching Hospital, Ituku-Ozalla, Enugu State (2009-2013), at the 12th Annual National Conference of Health Promotion Research Association of Nigeria (HEPRAN), held Oct. 14-17, 2015 at University of Uyo, Akwa-Ibom State, Nigeria.
15. **Odo, A.N.** Safe motherhood services needs of adolescent girls in Enugu State, Nigeria at the Annual Conference of Faculty of Education, University of Nsukka, 2014.
16. **Odo, A.N.** & Samuel, E.S. Psychosocial and socio-cultural factors associated with non-utilization of contraceptives among adolescents in Nsukka Local Government Area of Enugu State, Nigeria at the 11th Annual National Conference of Health Promotion Research Association of Nigeria (HEPRAN), held Sept. 11-14, 2013 at the Enugu State University of Science and Education, Agbani, Enugu State.
17. Igbokwe, C.C., Onugwu, K.J. & **Odo, A.N.** Determinants of Unhealthy Behaviours among Adolescents in Nsukka Urban of Enugu, State at the Annual National Conference of Faculty of Education, University of Nigeria, Nsukka held 20th to 25th May, 2013.
18. Samuel, E.S. & **Odo, A.N.** Level of knowledge of pentavalent vaccine possessed by child-bearing mothers in Nsukka LGA of Enugu State, Nigeria at the 9th Annual National Conference of Health Promotion Research Association of Nigeria (HEPRAN), held 24th to 27th October, 2012 at Benue State University
19. Ogbuji, C.N. & **Odo, A.N.** Environmental Health Officers' (EHO's) awareness of their roles in the control of lassa fever in Nigeria at the Annual Conference of the Nigerian School Health Association, held August 22-25, 2012 at the University of Uyo.
20. Ogbuji, C.N. & **Odo, A.N.** Graduate students' perception of e-learning for effective health education delivery in tertiary institutions in Enugu State, at the bi-annual Conference of the World Council for Curriculum and Instruction (WCCI), held Oct. 16-20, 2012 at University of Nigeria, Nsukka.
21. Ogbuji, C.N. & **Odo, A.N.** Women's awareness of their roles in the actualization of the millennium development goals (MDGs) at 17th Annual National Conference of Nigeria Association of Health Educators (NAHE), held June 13-16, 2012 at Enugu State University of Science and Technology, Agbani, Enugu State.

LIST OF JOURNAL ARTICLE PUBLICATIONS

1. **Odo, A.N.**, Ofuebe, J.I., Anike, A.I., & Samuel, E.S. (2021). Predictors of young people's use of sexual and reproductive health services in Nigeria: a mixed-method approach. *BMC Public Health*, 21. Available at <https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-020-10022-x>
2. **Odo, A.N.**, Dibia, S.I.C., Nwagu, E.N., Umoke, M., & Umoke, P.C.I. (2020). Towards characterization of female genital mutilation (FGM) in rural Nigeria. *African Health Sciences*, 20(4). Available at <https://www.ajol.info/index.php/ahs/article/view/202368>
3. Nwagu, E.N., Dibia, S.I.C, & **Odo, A.N.** (2020). Community Readiness for Drug Abuse Prevention in Two Rural Communities in Enugu State, Nigeria. *SAGE Open Nursing*. Available at <https://doi.org/10.1177%2F2377960820963758>
4. **Odo, A.N.**, Musa, K. & Oladugba, A.V. (2020). Sexual and reproductive health needs and problems of internally displaced adolescents (IDAs) in Borno State, Nigeria: a mixed method approach. *African Journal of Reproductive Health*; 24(1): 87-96. Available at <https://www.ajrh.info/index.php/ajrh/article/view/2070/pdf>
5. Dibia, S. I.C., Nwagu, E.N., & **Odo, A.N.** (2020). Drug use and abuse prevention concerns in rural communities in Enugu State, Nigeria. *Global Journal of Health Science*; 12(2). Available at <http://www.ccsenet.org/journal/index.php/gjhs/article/view/0/41909>
6. Atama, C.S., Okoye, U.O., **Odo, A.N.**, Odii, A., & Okonkwo, U.T. (2019). Belief system: a barrier to the use of modern contraceptives among the Idoma of Benue State, North Central, Nigeria. *Journal of Asian and African Studies*. Available at <https://doi.org/10.1177%2F0021909619888774>
7. **Odo, A.N.**, Ayalogu, D.C.J., Ofuebe, J.I. & Adie, A.A.O. (2018). Factors associated with risky sexual behaviours among secondary school students in Nsukka LGA, Enugu State. *Nigerian Journal of Health Education*, 22(1): 169-183.
8. Nwagu, E.N., Enebechi, J.C., & **Odo, A.N.** (2018). Self-control in learning for healthy living among students in a Nigerian College of Education. *SAGE Open*. DOI: <https://doi.org/10.1177%2F2158244018793679>
9. **Odo, A.N.**, Samuel, E.S., Nwagu, E.N., Nnamani, P.O., & Atama, C.S. (2018). Sexual and reproductive health services (SRHS) among adolescents in Enugu State, Nigeria: a mixed methods approach. *BMC Health Services Research*. Available at <https://bmchealthservres.biomedcentral.com/track/pdf/10.1186/s12913-017-2779-x?site=bmchealthservres.biomedcentral.com>
10. **Odo, A.N.**, Okwor, E.O & Ofuebe, J.I. (2018). Barriers to undergraduate students' participation in solid waste management: A case study of the University of Nigeria, Nsukka. *Journal of Home Economics Research*, 25(1)
11. **Odo, A.N.** & Onoh, S.C. (2018). Food hygiene knowledge and practice among food handlers in University of Nigeria, Nsukka. *Mediterranean Journal of Social Sciences*, 9(6). Available at <https://www.mcser.org/journal/index.php/mjss/article/view/10338>
12. Nwagu, E.N., Dibia, S.I.C. & **Odo, A.N.** (2017). Socio-cultural norms and roles in the use and abuse of alcohol among members of a rural community in Southeast Nigeria. *Health Education Research*. Available at <https://doi.org/10.1093/her/cyx058>
13. **Odo, A.N.** & Samuel, E.S. (2016). Family planning information and services needs of adolescents in Enugu State, Nigeria. *International Journal of Human Kinetics, Health and Education*, 2(1), 65-72.
14. Nnamani, PO, Ugwu, AA, Ibezim, EC, Kenechukwu, FC, **Odo, A.N.**, Akpa, PA, Ogonna, JDN, Obitte NC, Lehr, CM and Attama, AA. (2016). Sustained-release Liquisolid Compact

Tablets Containing Lumefantrine-Artemether as Alternate-Day-Regimen for Malaria Treatment to Improve Patient Compliance. *International Journal of Nanomedicine*, 11, 1-14. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5135285/>

15. **Odo, A.N.**, Ede, O.C., & Isife, E.M.A. (2016). Prevalence of uterine fibroid among women of child-bearing age attending University of Nigeria Teaching Hospital, Ituku-Ozalla, Enugu State (2009-2013). *Nigerian Journal of Health Promotion*, 9, 94-100
16. **Odo, A.N.** (2015). Safe motherhood services needs of adolescent girls in Enugu State, Nigeria. *International Journal of Educational Research*, 14(2), 139-146.
17. Nji, G.C. & **Odo, A.N.** (2015). Utilization of Leisure Time among Primary School Teachers in Nsukka LGA of Enugu State, Nigeria. *International Journal of Educational Research*, 14(2), 131-138.
18. **Odo, A.N.** & Samuel, E.S. (2015). STIs and HIV and AIDS services needs of adolescents in Enugu State, Nigeria. *International Journal of Human Kinetics, Health and Education*, 1(2), 68-74.
19. **Odo, A.N.**, Ojiaku, E.U. & Okpala, F.I. (2015). Knowledge of health implications of sexually transmitted infections (STIs) possessed by undergraduates of University of Nigeria, Nsukka. *International Journal of Human Kinetics, Health and Education*, 1(1), 88-91.
20. **Odo, A.N.** & Samuel, E.S. (2014). Sexuality education services needs of adolescents in Enugu State. *Mediterranean Journal of Social Sciences*, 5(26), 59-65.
21. **Odo, A.N.** & Samuel, E.S. (2014). Psychosocial and socio-cultural factors associated with non-utilization of contraceptives among adolescents in Nsukka Local Government Area of Enugu State, Nigeria. *Nigerian Journal of Health Promotion*, 7, 75-87.
22. Igbokwe, C.C., Aniodo, D.A. & **Odo, A.N.** (2014). Prevalence and trend of malaria among pregnant mothers in Nsukka LGA of Enugu State, Nigeria: Implication for physical fitness. *Indian Journal of Applied Research*, 4(8) 132-135.
23. Igbokwe, C.C. & **Odo, A.N.** (2014). Incidence of malaria among pregnant mothers in Nsukka LGA of Enugu State, 2008-2012. *Journal of Home Economics Research*. Vol.20, 55-62.
24. Igbokwe, C.C. & **Odo, A.N.** (2013). Gender equality, education, and women empowerment among childbearing mothers in Nsukka LGA of Enugu State Nigeria. *Institute of Education Journal*. 320-330.
25. Igbokwe C.C., Onugwu, K.J. & **Odo, A.N.** (2013). Determinants of unhealthy behaviours among adolescents in Nsukka Urban of Enugu State Nigeria. *International Journal of Educational Research*. Vol.12 (2), 72-88.
26. Samuel, E.S. & **Odo, A.N.** (2013). Level of knowledge of pentavalent vaccine possessed by child-bearing mothers in Nsukka LGA of Enugu State, Nigeria. *Nigerian Journal of Health Promotion*. Vol.6, 73-83.
27. Kato, G.U.S., Samuel, E.S. & **Odo, A.N.** (2013). Differentials in the stigmatization against mentally ill persons among mental health professionals. *African Journal of medical sciences*. Vol.6 (1), 128-136.

28. Ogbuji, C.N. & **Odo, A.N.** (2013). Graduate students' perception of e-learning for effective health education delivery in tertiary institutions in Enugu State. *Journal of Curriculum and Instruction. Vol.9 (3)*
29. Ogbuji, C.N. & **Odo, A.N.** (2013). Environmental Health Officers' (EHO's) awareness of their roles in the control of lassa fever in Nigeria. *Nigerian School Health Journal. Vol.25 (2), 34-42.*
30. Ogbuji, C.N. & **Odo, A.N.** (2012). Women's awareness of their roles in the actualization of the millennium development goals (MDGs). *Nigerian Journal of Health Education. Vol.16 (1), 238-249.*
31. Igbokwe, C.C. & **Odo, A.N.** (2012). Knowledge of risk factors and preventive measures of hypertension among childbearing mothers in Nsukka LGA of Enugu State. *Journal of Research in National Development. Vol.10 (3a), 115-123.*

REFEREES

1. Prof. E.N. Nwagu
Department of Human Kinetics and Health Education
University of Nigeria, Nsukka.
2. Dr. Venkatraman Chandra-Mouli
Department of Reproductive Health and Research
World Health Organization (WHO), Geneva.
3. Dr. Fujita, Masako
Department of Anthropology
Michigan State University, USA.